

# *Wellness and Reiki*

*Presents*

## *Westhampton Beach Overnight Seaside Retreat*

*October 15th and 16th 10:00 am*



*This special opportunity entails a weekend filled with meaningful reflection, understanding of your spiritual connection so as to empower you to live authentically. The weekend is gifted with the following presentation*

### ***Dying Consciously, Soul Collage® & the Celebration of Release.***

*The Dying Consciously Project will be facilitated by Chris McCoy; a practicing shaman and a certified graduate of the Dying Consciously Teacher's Training Program offered by the Institute for Energy Medicine. The Greatest Journey is a service dedicated to helping people move consciously through this time of transition. Its purpose is to assist someone who is making the journey beyond to do so peacefully, with dignity and grace. This training is designed for all people involved in the dying process~ the individual, family members, care givers and friends. The project is a service dedicated to assisting people through the final transition of life. Based on the Great Death Rites practiced by the ancient traditions, these techniques provide specific steps that allow us to facilitate the kinds of psychological and emotional closure and grace that is the key to experiencing a conscious death.*

*SoulCollage® presented by Bridget & Darañ Salmaggi is a process that helps facilitate the journey of self- discovery. Through this process we allow those parts of our soul that are searching for a voice, an opportunity to speak up and make themselves known. We will use this process to illuminate and process all we have learned about ourselves through the Dying Consciously Project.*

*We will then participate in a modern day version of the Burning Bowl Ceremony. Please join us in this Autumn Celebration of growth through release*

*King size room~ balcony & private bath \$450\**

*Queen size room with balcony \$400\**

*Room Sharing~\$150 for each additional person\**

*Sleeping bag accommodations: \$200.00\**

*Day guest: \$125.00 or \$175.00 for both - lunch and dinner included  
Reservations and non-refundable deposit required*

*WellnessandReiki.com or 631-672-5265 Bridget Salmaggi*

*\*All meals included and provided by Italian gourmet chef Palma DiVito, please inform us of any dietary restrictions*